



POLICY ON ANTI-DOPING

PREAMBLE

1. All lacrosse participants have the right to compete in sport knowing that they, and their competitors, are clean. British Lacrosse believes in clean sport and work in partnership with [UK Anti-Doping \(UKAD\)](#) and [World Lacrosse](#), our International Federation, to ensure that the integrity of our sport is protected.
2. The use of performance-enhancing drugs and other doping behaviour severely damages the legitimacy of sport and undermines the integrity of clean athletes.
3. British Lacrosse is committed to delivering an education programme for its athletes that is compliant with the requirements of the World Anti-Doping Agency. British Lacrosse has appointed an anti-doping lead to work with and deliver such training to its athletes.

ANTI-DOPING RULES

4. British Lacrosse has in place a set of anti-doping rules that all athletes, coaches and athlete support personnel must abide by.
5. The anti-doping rules of British Lacrosse are the UK Anti-Doping Rules published by UK Anti-Doping (or its successor), as amended from time to time. Such rules shall take effect and be construed as the rules of British Lacrosse. You can find the UK Anti-Doping Rules [here](#).
6. The anti-doping rules for British Lacrosse are consistent with the World Anti-Doping Code 2021 (the "Code"), which governs anti-doping internationally. You can find the World Anti-Doping Code 2021 [here](#).

ANTI-DOPING RULE VIOLATIONS

7. Breaking the anti-doping rules can result in a ban from **all** sport. The Code outlines the Anti-Doping Rule Violations (ADRVs). Athletes and athlete support personnel need to make sure they are fully aware of these violations, and the consequences of breaking them. For more information and what this means for those individuals, click [here](#).
8. For information on individuals serving a ban from sport, visit the [UKAD sanction page](#).

ATHLETE RESPONSIBILITY

9. An athlete is responsible for anything found in their system, regardless of how it got there or whether there is any intention to cheat. All athletes and athlete

support personnel should make themselves aware of the risks, so they don't receive an unintentional ban from sport. Useful information for athletes can be found on the [UKAD website](#) and the [Global Drug Reference Online website](#).

THE PROHIBITED LIST

10. All banned substances and methods in Code-compliant sports are outlined in the Prohibited List. Substances and methods can be added to the Prohibited List at any time; however, it is updated as a minimum once a year, coming into effect on 1st January. The latest Prohibited List can be found on the [WADA website](#). As this list is updated frequently, athletes and athlete support personnel should make sure they check it regularly for any changes. More information can be found on the UKAD website [here](#).

CHECKING MEDICATIONS

11. Before taking any medication (whether from a doctor or purchased over the counter), athletes must check to make sure it doesn't contain any banned substances. Medications (ingredients or brand name) can be checked online at [Global DRO](#). It is important to note that medications bought in one country may contain different ingredients to the same branded medication in another country. For more information on checking medications, visit the UKAD website [here](#).

Adopted: 14th December 2020

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